

# DECLARATION OF PREGNANCY

I, the undersigned, declare that I am pregnant. I understand the radiation dose to the embryo/fetus during my entire pregnancy will not be allowed to exceed 0.5 rem (5 millisieverts) TEDE (unless that dose has already been exceeded between the time of conception and submission of this declaration of pregnancy). I also understand that meeting the dose limit for the embryo/fetus may require a change in job or job responsibilities during my pregnancy.

If I find out that I am not pregnant, or if my pregnancy is terminated, I will promptly inform my supervisor and Radiation Safety in writing that my pregnancy has ended.

I understand I may speak with a staff member or Radiation Safety about my radiation exposure.

I certify that I have received the following references found in the [Guide for Pregnant Workers](#) on the Environmental Health & Safety website at <https://ehs.osu.edu/radiation-safety>.

- Radiation Safety Standards for The Ohio State University*, Section 6.
- Nexus publication entitled: *Radiation Protection for the Pregnant Worker* (for x-ray workers).
- United States Nuclear Regulatory Commission (USNRC) Regulatory Guide 8.13, *Instruction Concerning Prenatal Radiation Exposure*, Revision 3, dated June 1999.

Worker Name: \_\_\_\_\_ Maiden Name: \_\_\_\_\_

Department: \_\_\_\_\_

**OSU ID #:** \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Due Date of Baby: \_\_\_\_\_

Worker's Signature \_\_\_\_\_ Date Signed \_\_\_\_\_

**Location Series ID#:** \_\_\_\_\_

**Worker's Wearer Badge #:** \_\_\_\_\_

Spare Badge #: \_\_\_\_\_

Spare Badge Wear Date: \_\_\_\_\_

Notes: \_\_\_\_\_



### **Overview**

The RS-13 is a single-page form used by a woman to declare a pregnancy. You must suspect, or know, you are pregnant to use this form. You cannot use this form to take advantage of the lower dose limits if you are not pregnant. Use of the form in this manner may result in disciplinary action.

You are not required to declare your pregnancy. If you choose not to declare, the lower embryo/fetus dose rates WILL NOT apply and no special action can be taken to lower your occupational dose (e.g. temporary change in job duties), even if you are noticeably pregnant. If you do choose to declare and later wish to rescind your declaration, you are free to do so; however, you must rescind your declaration in writing to RS.

Most of the information on this form is not available to the public. The information is protected by the Privacy Act of 1974, Public Law 93-579, 5 U.S.C. 552a, and the USNRC regulations in 10CFR part 9, available at RS (10CFR20.2106(d)).

### **Completing the Form**

Please read the statement carefully, then complete the form. Please do not leave any part of the form blank. All parts of the form are required to be completed.

If you have any questions feel free to contact RS at 292-4763 or by e-mail at [radiation.safety@osu.edu](mailto:radiation.safety@osu.edu)

Forward the RS-13 to:

**e-mail: [radiation.safety@osu.edu](mailto:radiation.safety@osu.edu)**